



2018 Annual Report

At the Tipping Point

The Year Mental Health
Went Mainstream



CHILD MIND[®]
INSTITUTE

“I wanted to make sure Gabriel didn’t have an attention problem. And if he needed coping mechanisms, I wanted to give him effective ones.”

Dawn, mom of Gabriel,
Healthy Brain Network participant



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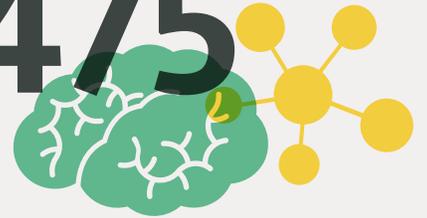
AT A GLANCE

\$5,677,852



Financial aid awarded since founding

2,475



Children and adolescents enrolled in the Healthy Brain Network community study, out of a goal of 10,000

26,000+



Children, parents and educators who have benefitted from our Student Success Program in schools nationwide

1,289



Papers published using data shared through the Child Mind Institute's open science initiatives

43



Countries families have traveled from, along with 48 states, for care at the Child Mind Institute



Worldwide media impressions of our annual #MyYoungerSelf anti-stigma campaign

3.8 billion

THE YEAR
MENTAL HEALTH
WENT MAINSTREAM

We are at a tipping point in our national conversation about children’s mental health and learning disorders. In the past year, clinicians, researchers and public figures have advanced the cause at a dizzying pace.



Brooke Garber Neidich
Co-Chair
Board of Directors



Ram Sundaram
Co-Chair
Board of Directors



Harold S. Koplewicz, MD
President

Oscar-winner Emma Stone joined our president, Harold S. Koplewicz, MD, onstage to discuss her struggles with anxiety. Olympic medalist Michael Phelps talks openly about the benefits of therapy on billboards across the country. Lady Gaga gave an impassioned speech at the Grammys about how important it is to ask for help.

The Child Mind Institute’s Change Maker Awards shone a light by honoring Hollywood legend Glenn Close, California Governor Gavin Newsom and others. Our #MyYoungerSelf social media campaign took stigma on directly, reaching 271 million people with messages of hope from 50 notable people.

Innovations in clinical care now reach well beyond the doctor’s office. Mindfulness practices are commonplace in schools. Cognitive behavioral tools reach millions on the Internet. Taking medicine for depression and anxiety is no longer taboo.

In the sciences, the search for answers accelerates. The National Institutes of Health launched ABCD, the largest ever long-term study of the adolescent brain. The Child Mind Institute’s Healthy Brain Network has enrolled almost 2,500 children in a search for the biomarkers of mental health and learning disorders.

This extraordinary focus on children’s mental health is changing our culture and the lives of children and families. We are at a tipping point. Together with our supporters, partners and friends, the Child Mind Institute is uniquely positioned to lead the way into new territory: a future where children come first.

With gratitude for your support and partnership,

[Brooke Garber Neidich](#), [Ram Sundaram](#) and [Harold S. Koplewicz, MD](#)

PUBLIC EDUCATION AND AWARENESS

Leading the Conversation

Our flagship website, childmind.org, is on the pulse of parents' concerns about their children. Disruptive and defiant behavior continued to be the most common challenge for parents. Articles added this year like "What Is Oppositional Defiant Disorder?" were instant hits. A runaway favorite on Facebook and in our weekly newsletter was "A Parent's Guide to Dealing With Fortnite," which explored the appeal of the video game and offered strategies for setting boundaries. More than 89 percent of users say our articles are helpful, and many leave positive comments. One of our favorites: "Extremely helpful articulation of what our family is experiencing — an epiphany. Thank you."

From 2017 to 2018, monthly unique users to childmind.org rose from 500,000 to 850,000, driven by a 44 percent increase in sessions and 47 percent increase in page views. Social sharing of web content increased by 400 percent, and social followers increased by 45 percent, leading to 88.5 million impressions and 875,000 engagements across our platforms.

Adam Jeffrey Katz Memorial Conversation

During National Eating Disorders Week, 150,000 viewers tuned in to our 2018 Adam Jeffrey Katz Memorial Conversation featuring YouTube music star Lindsey Stirling in a revealing look at living with an eating disorder.

#MyYoungerSelf

Every day in May we feature honest stories from public figures about growing up with a mental health or learning disorder. In its second year, #MyYoungerSelf launched an even more powerful assault on mental health stigma. Fifty enthusiastic participants came together, including Kristen Bell, Zoe Saldana, Temple Grandin, Josh Gad, Sarah Silverman, Chuck Schwab, Mayim Bialik, Tim Howard and Mark Ronson.

#MyYoungerSelf produced more than 350 high-profile media hits, 222,000 social media engagements, 271 million reached on social media and 3.8 billion media impressions.

Rising Scientists

The Rising Scientist Awards honor outstanding NYC-area high school students engaged in mental health research. Fall 2017 winners were:

- Sarah Adamo, Smithtown High School West
- Zara Malik, Columbia Grammar and Preparatory School
- Hawthorne Ripley, The Packer Collegiate Institute
- Amy Shteyman, John L. Miller Great Neck North High School
- Kylie Zarro, Ossining High School

SPOTLIGHT



Governor Gavin Newsom

In May 2018, the Child Mind Institute honored then candidate

(and current governor of California) Gavin Newsom with a Change Maker Award for his visionary mental health advocacy. "In California we talk about how our largest brain health institution is the LA County Jail," Governor Newsom said in his acceptance speech, "and that's not just a tongue-in-cheek comment. What are we going to do about that? The Child Mind Institute is a part of the answer to that question, and I want to express my appreciation for its leadership and devotion to thinking anew about the trajectory of our kids' lives."

Project UROK

Project UROK is an inclusive community for teens and young adults committed to ending the stigma and isolation of mental illness. During 2018, Project UROK grew to more than 58,000 followers and 1 million video views on YouTube.

Children’s Mental Health Report and Child Mind Institute Summit

The 2017 report “A New Perspective on Adolescence” explored this exciting and important developmental stage, which is also a risky period for mental health disorders.

The companion summit, The State of Child & Adolescent Mental Health, featured former Secretary of State Hillary Rodham Clinton, Child Mind Institute president Dr. Harold S. Koplewicz and moderator Willow Bay.

Change Maker Awards

Our Change Maker Awards celebrate people who are transforming the field of children’s mental health. The 2018 honorees included Glenn Close, NBCUniversal, BBRF and To Write Love on Her Arms. The awards generated 16,000 crowdsourced votes and brought 200+ attendees to Carnegie Hall, including New York City First Lady Chirlane McCray.



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| 1 | 2 | 3 |
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1. Zoe Saldana in #MyYoungerSelf
2. Lindsey Stirling and Dr. Koplewicz
3. Glenn Close
4. 2017 Rising Scientist Award winners
5. Secretary Hillary Clinton at the Child Mind Institute Summit

SPOTLIGHT

Visitors who’ve found answers and hope using our online Symptom Checker

1,000,000+



Common Sense Media

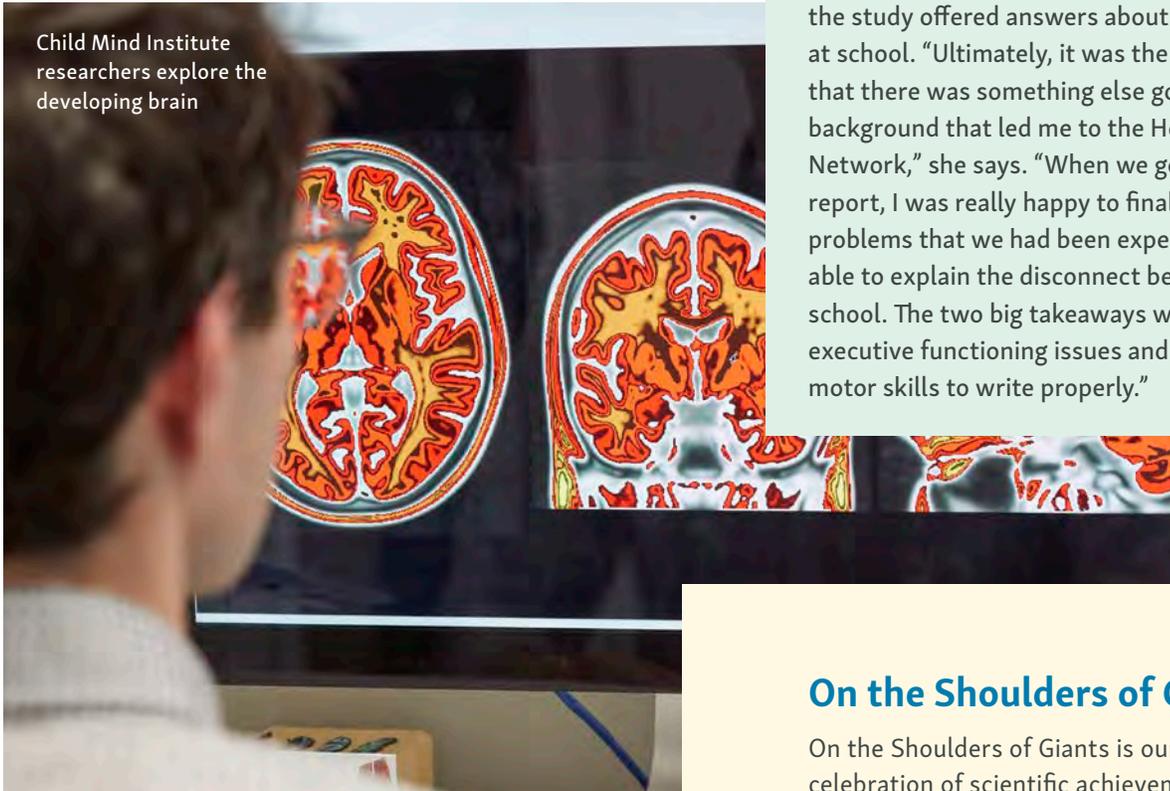
Over the past year, the partnership between the Child Mind Institute and Common Sense Media has flourished. We worked together to develop a new section on commonsensemedia.org about children’s use of technology and their mental well-being. We jointly developed a parent talk being delivered in school settings across the country. And we collaborated on research reports, sharing expertise to better serve our readers. “Technology, social media and Internet gaming continue to present challenges and opportunities for children and families,” said Common Sense Media CEO and founder Jim Steyer. “We look forward to continuing our work with the Child Mind Institute to provide parents and educators with authoritative information to encourage healthy development.”



RESEARCH AND INNOVATION

Accelerating Discovery to Revolutionize the Field

Child Mind Institute researchers explore the developing brain



At the heart of the Child Mind Institute’s research mission is a relentless drive to change the culture of neuroscience research so that breakthroughs come faster and are translated into clinical treatments and tools sooner. The key to this culture change is open science: sharing data to accelerate discovery.

The signs of success are in the researchers worldwide who have accessed our data, the papers published and the funding that our approach has secured. We’ve shared over 1,800 datasets from our landmark Healthy Brain Network study, which have been accessed in more than 3,200 cities around the globe. More than a hundred labs worldwide have signed data usage agreements, and more than 1,000 papers have been published using open data provided by Child Mind Institute investigators.

SPOTLIGHT



Dawn and Gabriel

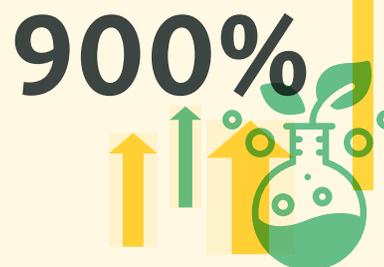
Dawn enrolled her son Gabriel in the Healthy Brain Network because

the study offered answers about his struggles at school. “Ultimately, it was the possibility that there was something else going on in the background that led me to the Healthy Brain Network,” she says. “When we got our feedback report, I was really happy to finally get words for problems that we had been experiencing — to be able to explain the disconnect between home and school. The two big takeaways were that he had executive functioning issues and he lacked the motor skills to write properly.”

On the Shoulders of Giants

On the Shoulders of Giants is our annual celebration of scientific achievement and collaboration in behavioral health. The 2017 symposium celebrated Kenneth A. Dodge, PhD, and his work on community interventions to reduce urban violence.

Growth of our research faculty from 2011 to today



Healthy Brain Network

Since launching in 2009, the Healthy Brain Network community-based research study has collected and shared valuable data and provided vital services. Through September 2018, 2,475 children have been enrolled and their families provided with free comprehensive evaluations. In 2018 a new scanning location opened at the City University of New York.

Center for the Developing Brain

The Center for the Developing Brain has expanded over the last year to include research leaders. Funding from a variety of federal and private sources totals \$2.9 million, which supports open science projects, including the development of neuroimaging software to connect brain differences to mental health symptoms and identify biomarkers.

Autism Center

Our Autism Center launched in August 2018 with a focus on understanding the neurobiology of autism using clinical, cognitive and brain-imaging approaches. Directed by Adriana Di Martino, MD, an internationally recognized leader in the field, the center is supported by two National Institute of Mental Health grants for a total of over \$4 million in federal funding.

MATTER Lab

Mind-Assisting Technologies for Therapy, Education, and Research (MATTER) builds cutting-edge technologies to help diagnose, monitor and improve mental health outcomes for children worldwide. Arno Klein, PhD, leads a team of app and wearable device developers who will make effective assessment and intervention tools widely available; this year, the lab secured its first patent.

SPOTLIGHT



Nora Volkow

Nora D. Volkow, MD, is the director of the National Institute on Drug Abuse (NIDA) and a vital open science collaborator for the Child Mind Institute. Dr. Volkow was the Child Mind Institute Distinguished Scientist in 2013, and in 2014 she presented at On the Shoulders of Giants, our celebration of collaboration in the pursuit of neuroscience discovery. Under her leadership, NIDA and the Child Mind Institute collaborated to develop a key open science resource, the Consortium for Reliability and Reproducibility, and Dr. Volkow herself has published using a Child Mind Institute open science resource, the ADHD-200 dataset. “Data sharing is among the most important strategies in our ability to accelerate the initiation, development and implementation of research,” Dr. Volkow says. “The Child Mind Institute’s International Neuroimaging Data-Sharing Initiative exemplifies our mutually shared goal of open access to data across the globe in the interest of sound science.”



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- 3

1. Child Mind Institute Distinguished Scientist Kenneth A. Dodge, PhD
2. A Healthy Brain Network participant tries out the MRI scanner
3. MATTER Lab scientist develops wearable technologies for mental health

CLINICAL CARE AND SERVICES

Changing Lives With Breakthrough Treatments

Working directly with children and families in need inspires and informs everything we do. In the last year we've seen more families than ever, reached them at home and at school, and provided more financial aid so that every child gets the care they deserve.

In 2018, we saw almost 3,000 families, representing a 14 percent increase in new-patient evaluations and a 29 percent increase in total unique patients since 2017. We provided \$904,658 in financial aid and \$101,050 from the CMI Cares travel fund. We welcomed clinical director Paul Mitrani, MD, PhD, and began renovations of our headquarters to add 22,000 square feet so we can help more families.

And our Student Success Program is broadening our clinical reach across the city and the country, bringing proven results to youth and families with limited access to care, including a decrease in symptoms of post-traumatic stress disorder (PTSD) and depression.

A patient family participates in behavioral therapy at the Child Mind Institute



SPOTLIGHT



Jennifer, Gwen and Claire

Jennifer's daughters, Gwen, 11, and Claire, 13, were both able to receive care at the Child Mind Institute because of our Financial Aid Fund. Gwen was treated for generalized anxiety disorder and obsessive-compulsive disorder (OCD); Claire was diagnosed with selective mutism. "Claire now is able to express herself," Jennifer says. "And Gwen gets along great with her friends. She's happy."

The Fund ensures treatment for families who otherwise would be unable to access our proven, compassionate care. "Because of financial aid we have been able to get top-notch care," Jennifer continues. "We're sincerely grateful for everything. And I'm so proud of Gwen and Claire."

More than two-thirds of the children we reach receive free or reduced-cost services



Social Anxiety Groups

These ongoing group sessions allow anxious adolescents to practice strategies for tolerating social situations. On average, participants progress during treatment from the high end of moderate social anxiety to the low end of mild.

Special Education Symposium

This sold-out event in fall 2017 put parents and educators in touch with experts on navigating the special education system, including educational consultants, admissions directors from specialized schools and education attorneys.

Dialectical Behavior Therapy

Our cutting-edge DBT program serves youth who experience significant trouble managing emotions, thoughts and behaviors. Our team is trained in a pioneering new adaptation of DBT for children (DBT-C) and in DBT-PE (prolonged exposure) for significant trauma.

SPOTLIGHT



Gaylen Mohre, LMSW

The Child Mind Institute's Student Success Program (SSP) brings resilience building workshops and group trauma treatment to schools in New York City and around the country. At PS 108 in

Queens, school social worker Gaylen Mohre is the liaison with SSP staff. "It's an incredible opportunity in a community that doesn't have enough mental health services," she says. SSP fits with a growing trend towards positive behavior supports and social emotional learning, which Gaylen says "are part of our culture" at PS 108. "I'm just so grateful for our partnership with the Child Mind Institute," she says. "It's the people who've made this work."

Student Success Program

Our Student Success Program brings school-based mental health intervention to scale. To date, we've provided social skills workshops for 10,000 schoolchildren, classroom coaching benefiting 4,000 students and professional development for over 7,000 educators.

Clinical Training

We are committed to training the next generation of mental health professionals, and our trainees are committed to us. In 2018 we welcomed six clinical summer interns, selected from 205 applicants. Ninety-three people applied for three clinical externships, and two of our six clinical post-docs were former externs.

Summer Program

Our four-week summer treatment program is for children ages 5 through 10 who have ADHD or who need help with behavioral, learning and social issues. Participants show significant improvement in social, emotional and academic skills.

Campers learn to participate in team sports at Child Mind Institute Summer Program



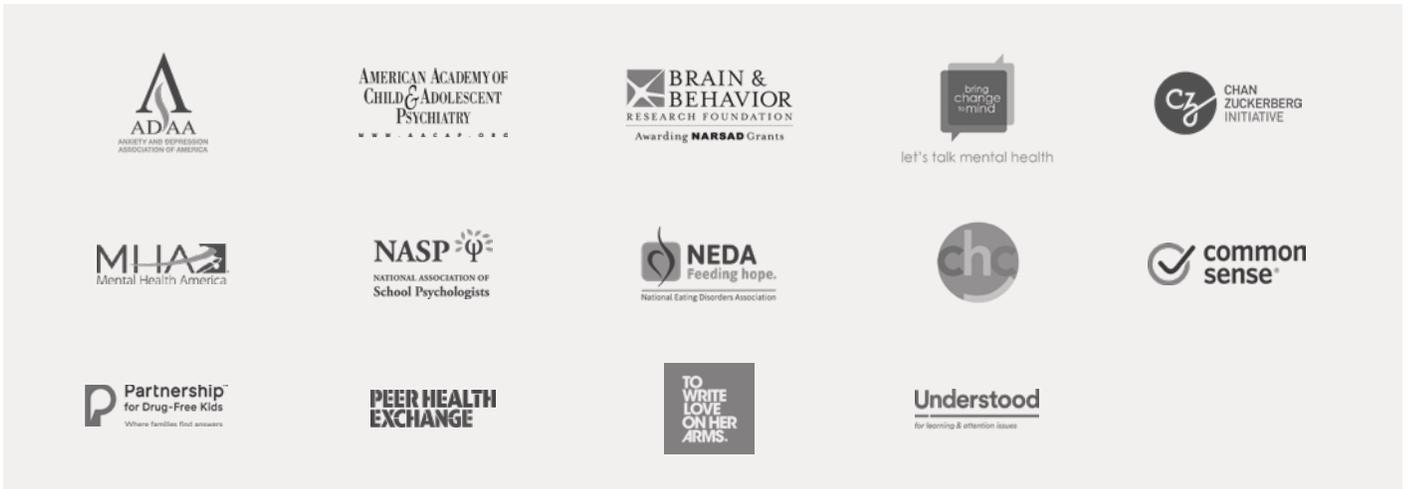
PARTNERS AND MEDIA

Driving Impact with Visionary Allies

Since 2009, we've nurtured a vibrant community of partners who embrace our cause: building a world where no child suffers for lack of access to mental health care or support. Our partners are varied — from nonprofits like Common Sense Media, who support our vision with their own expertise, to steadfast corporate partners like Bloomingdale's, who have trusted us, invested in us and helped guide us from the beginning. Our partners care about empowering families; they send the message that children and families are not alone. They stand with us at the tipping point.

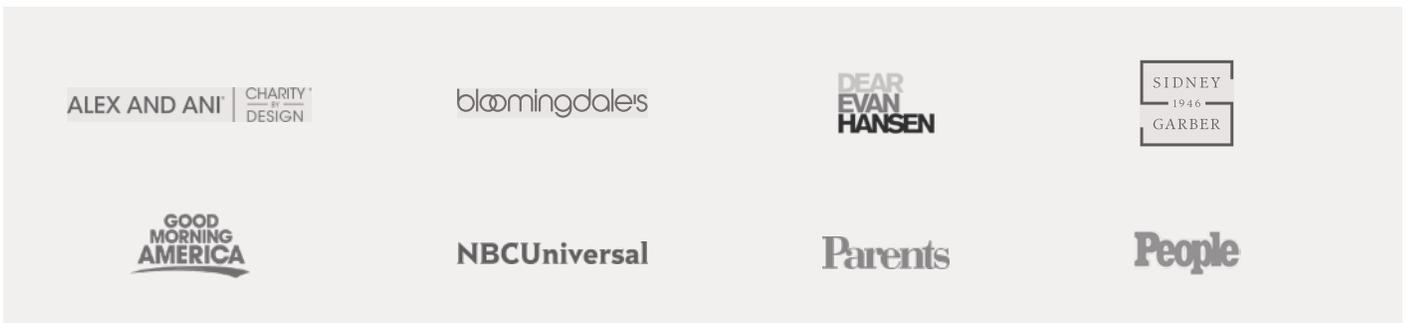
Peer Partners

Our partners help us reach a broad range of communities with a shared interest in the health and well-being of our children. When we come together, we turn our diverse missions into a movement. The strength of our peers helps us strive for a future where children come first.



Corporate and Media

Our corporate partners have a significant impact on our mission. They raise funds, share our potentially lifesaving content, and help destigmatize children's mental health and learning disorders. Their unflagging support helps us transform the lives of more children and families, giving those children the help, hope and answers they deserve.



Child Mind Institute in the News

Press coverage for Child Mind Institute initiatives and expert opinion on current events drives the national conversation. Throughout the year we've been featured by NBC News, ABC News, *Rolling Stone*, *Parents*, E! News, *People*, *Sports Illustrated*, YAHOO!, *Today*, CBS Sports, and more, reaching millions with a message of hope.



Influencers

The Child Mind Institute depends upon influencers across the media spectrum to spread our message and reach new audiences. Our influential friends share their experiences in messages of hope and understanding and touch millions of young people. We're so grateful that young people can hear voices like theirs.



Emma Stone and Dr. Koplewicz at "Great Minds Think Unalike," Advertising Week New York, October 2018

OUR SUPPORTERS

Together, we're tipping the balance

These are the steadfast friends, the fellow dreamers — the parents, teachers and professionals who are at the heart of the Child Mind Institute family. Each person listed here is making a statement about the value of our children.

Champion \$1,000,000+

Pete and Devon Briger Foundation II
Gray Foundation
Stavros Niarchos Foundation
Linnea and George Roberts
Charles and Helen Schwab Foundation

Leader \$250,000–\$999,999

Bloomingtondale's
Elizabeth and Michael Fascitelli
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Julie and Edward Minskoff
Brooke Garber Neidich and Daniel Neidich
New York City Council

Benefactor \$100,000–\$249,999

Cori and Tony Bates
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Patron \$50,000–\$99,999

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HealthCor Management
George Link, Jr. Foundation, Inc.
The John P. and Anne Welsh McNulty Foundation
Andrea and Robert McTamany
The Overbrook Foundation / The Altschul Family
Linda and Jim Robinson



Gray Foundation

Jon and Mindy Gray are champions of New York City's youth, and the Child Mind Institute's growth over the past year can be credited in large part to the Gray Foundation. With their support, the Child Mind Institute expanded its presence in Harlem and the Bronx, extending care to hundreds more children in need of mental health evaluations and connections to care. New programs have brought mental health treatment to thousands of schoolchildren and empowered hundreds of educators to optimize their classroom behavior management. As parents who care about children and health, the Grays definitively reflect their commitment through their philanthropy. "We are proud to support the incredible work of the Child Mind Institute in New York City. The mission of the Gray Foundation is to maximize the opportunities that all children have to succeed, regardless of personal circumstances or the borough in which they live. Access to the right health care, including mental health, is fundamental to this mission and sets them up for future success."

Drs. Gail and Leonard Saltz
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Silverstein Properties, Inc.

Sponsor \$25,000–\$49,999

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Robbin Mitchell and
Jeffrey Scruggs



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 The Pascucci Family
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 Holly Peterson Foundation
 Picerne Family Foundation
 PNC Foundation
 Kenneth and Tracey Pontarelli
 Pamela and Ajay Raju Foundation
 Rasika and Girish Reddy
 Lyn M. Ross
 The Pamela and Stuart Rothenberg Foundation
 May and Samuel Rudin Family Foundation, Inc.
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 Darren Schlanger
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 Natasha and Robert Boucai
 Cheryl and David Brause
 Alison Brod
 Andrew Brod



Sarah and Geoff Gund

Throughout their careers in education, Sarah and Geoff Gund have made a difference in the lives of many children, and they continue this important work through their steadfast support of the Child Mind Institute. The Gunds have been dedicated supporters over the past decade, making significant investments in research on the developing brain. Their passion inspired the Child Mind Institute's Sarah Gund Prize for Research and Mentorship in Child Mental Health, an honor awarded annually to a researcher who is making groundbreaking strides in psychiatry, psychology or neuroscience. With their dedication to helping children and families who are struggling, Sarah and Geoff are true mental health ambassadors. They have said, "We take great pride in supporting the pathbreaking work of the Child Mind Institute and its visionary founder," and the Child Mind Institute is proud to have their support.

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 Bruno Mastropasqua
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 Alex Cooper and
 Nicole Jacoby
 Joan and Richard Corey



Lauren Singer

Lauren Singer is a Yale sophomore, a Child Mind Institute Rising Scientist, and a 2017 winner of a WebMD Health Hero award for her work studying autism treatments at Mount Sinai while still in high school. She donated the \$25,000 prize to the Child Mind Institute. “The Child Mind Institute’s search for mental health biomarkers through the Healthy Brain Network study is inspiring to me,” Lauren explains. “I chose to give to the Child Mind Institute because its combination of excellent evidence-based care and innovative research ensures that they help not only their own patients, but all children who have mental health and learning disorders.”

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 Marybeth Crosland
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Honoree and Child Mind Institute board member Joe Healey at the 2017 Child Advocacy Award Dinner

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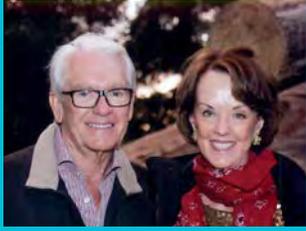
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2018 Spring Luncheon featuring Ali Wentworth and
 Child Mind Institute clinicians Jamie Howard, PhD,
 and David Anderson, PhD



Charles and Helen Schwab Foundation

As founder of the Charles Schwab Corporation, Charles “Chuck” Schwab has provided investing and banking services to millions of clients. He and his wife Helen’s record on philanthropy is just as impressive. Through the Charles and Helen Schwab Foundation, Chuck and Helen made a leadership gift to the Child Mind Institute’s pioneering science initiatives and expansion to the San Francisco Bay Area, serving as a catalyst for numerous additional donors to step up and offer their support. Additionally, Chuck has been a vocal advocate for breaking the stigma associated with mental health and learning disorders, speaking out about growing up with dyslexia. Chuck participated in the 2018 #MyYoungerSelf video campaign to tell the world, “There are positives and negatives to being dyslexic. It can actually lead to some leadership qualities. By being accepting of other people’s strengths, you can come together and solve things as a team.” Thanks to their support, the Child Mind Institute is another step closer to busting the stigma surrounding mental health and learning disorders and making evidence-based mental health care the national norm.

Ernest Pomerantz and
Marie Brenner

Lori Price

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2018 Fall Luncheon in Palo Alto featuring author and psychologist Wendy Mogel, PhD



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FINANCIALS

We exceeded our annual fundraising goal in 2018 — a remarkable investment in advancing lifesaving children’s mental health care, the science that leads to new treatments, and education and outreach that create communities of hope for our children.

Statement of Financial Position

Child Mind Institute, Inc., and Child Mind Medical Practice, PLLC, Condensed Financial Information for the fiscal years ended September 30, 2018, and 2017.

2018	Child Mind Institute, Inc.	Child Mind Medical Practice, PLLC	Total
Assets	\$26,639,068	\$1,222,941	\$27,862,009
Liabilities	\$2,703,966	\$2,969,603	\$5,673,569
Net Assets	\$23,935,102	(\$1,746,662)	\$22,188,440
Total Liabilities and Net Assets	\$26,639,068	\$1,222,941	\$27,862,009

2017	Child Mind Institute, Inc.	Child Mind Medical Practice, PLLC	Total
Assets	\$27,274,359	\$1,578,328	\$28,852,687
Liabilities	\$2,046,238	\$2,473,124	\$4,519,362
Net Assets	\$25,228,121	(\$894,796)	\$24,333,325
Total Liabilities and Net Assets	\$27,274,359	\$1,578,328	\$28,852,687

Child Mind Institute, Inc., and Child Mind Medical Practice, PLLC, were audited for the fiscal years ended September 30, 2018, and 2017 by EisnerAmper LLP. The Audited Financial Statements are available on our website.

Statement of Activities

2018	Child Mind Institute, Inc.	Child Mind Medical Practice, PLLC	Total
REVENUE			
Foundation, Corporations and Individuals	\$12,957,288	-	\$12,957,288
Special Event Revenue	\$7,382,118	-	\$7,382,118
Patient Service Revenue/Assets	-	\$13,141,189	\$13,141,189
Grant Revenue	\$722,248	-	\$722,248
Other Revenue	\$1,121,835	\$1,556,670	\$2,678,505
Total Revenue	\$22,183,489	14,697,859	\$36,881,348
EXPENSES			
Program Activities	\$16,072,282	\$11,466,419	\$27,538,701
Supporting Services	\$7,404,226	\$3,708,027	\$11,112,253
Total Expenses	\$23,476,508	\$15,174,446	\$38,650,954
Change in Net Assets/Operating Income	(\$1,293,019)	(476,587)	(\$1,769,606)
Income Tax	-	(\$17,220)	(\$17,220)
Deferred tax provision		(\$358,059)	(\$358,059)
Change in Net Assets/Net Income	(\$1,293,019)	(\$851,866)	(\$2,144,885)
2017			
	Child Mind Institute, Inc.	Child Mind Medical Practice, PLLC	Total
REVENUE			
Foundation, Corporations and Individuals	\$17,861,123	-	\$17,861,123
Special Event Revenue	\$5,019,069	-	\$5,019,069
Patient Service Revenue/Assets	-	\$11,670,594	\$11,670,594
Grant Revenue	\$505,685	-	\$505,685
Other Revenue	\$1,143,465	\$742,308	\$1,885,773
Total Revenue	\$24,529,342	12,412,902	\$36,942,244
EXPENSES			
Program Activities	\$15,458,103	\$9,464,924	\$24,923,027
Supporting Services	\$6,060,405	\$2,827,878	\$8,888,283
Total Expenses	\$21,518,508	\$12,292,802	\$33,811,310
Change in Net Assets/Operating Income	\$3,010,834	120,100	\$3,130,934
Income Tax	-	(\$7,980)	(\$7,980)
Deferred tax provision		\$358,059	\$358,059
Change in Net Assets/Net Income	\$3,010,834	470,179	\$3,481,013

MOVING FORWARD

We owe our children their future.

We are at a tipping point in awareness. Now we must leverage the moment to drive lasting change.

There are too many children struggling with mental health and learning disorders — 17 million in the United States alone — to accommodate the status quo. The resources to support our children are far too few, and the cost to society of ignoring the need is far too great.

Yet, in the face of these daunting challenges, we see opportunity. We see the chance to create a future where no child, or family, or school has to struggle.

To make this future real, however, we must couple awareness with action and lead a movement for children's mental health.

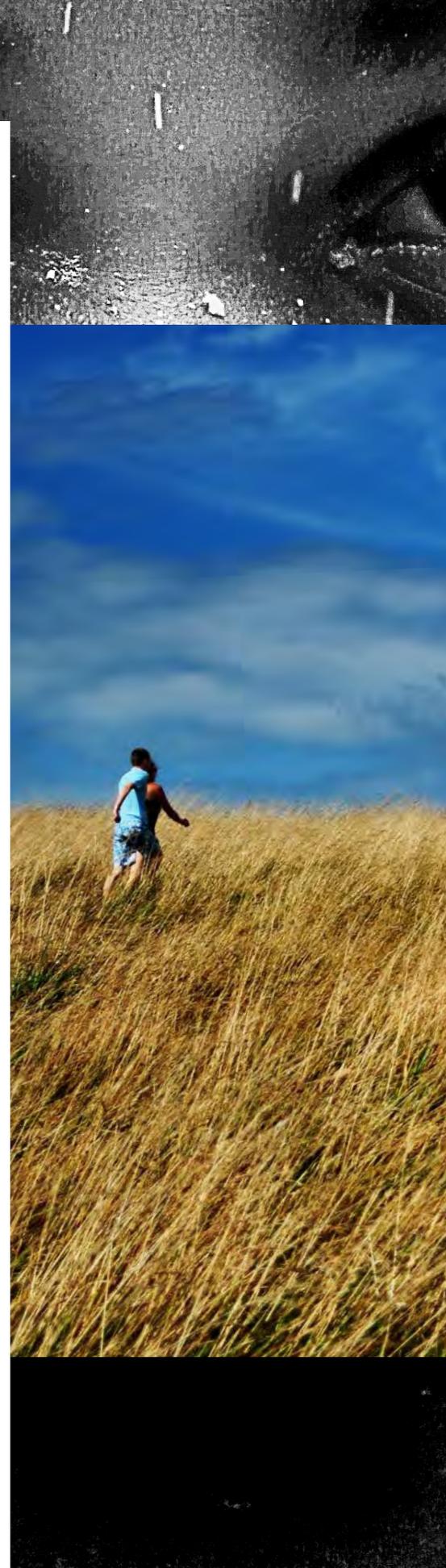
The Child Mind Institute has been leading this movement since our founding in 2009. As we enter our 10th year, we are redoubling our investment in leading-edge clinical care, research and public information to further accelerate change, including:

- A Bay Area office to bring our innovative clinical practice and school-based interventions to the West Coast
- A Harlem research center to strengthen our Healthy Brain Network and generate breakthroughs using open science data sharing
- New partnerships to extend the reach of our awareness campaigns by working closely with iHeartMedia and that National Alliance on Mental Illness (NAMI), among others

The courage we have seen from Emma Stone, who joined our Board in 2019, and from numerous other public figures to speak up marks a milestone in this movement. It is a moment we cannot let pass. Our children are simply too important to falter at the tipping point of awareness and action.

The stage has never been set quite like this. The players have never been more willing to speak up. It is now on all of us to step forward and join the movement for children's mental health — and, together, create the future our children deserve.

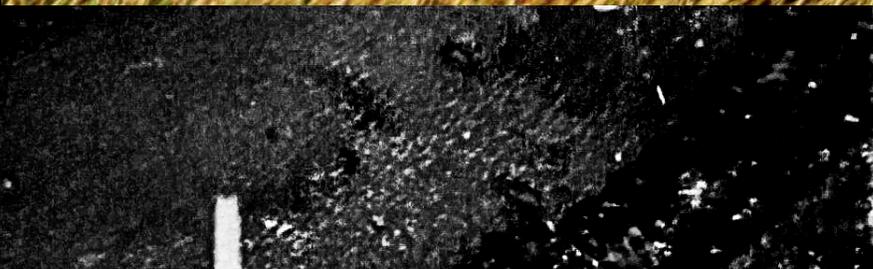
Join us.





In the face of challenges, we see opportunity.

The stage has never been set quite like this. The players have never been more willing to speak up. It is now on all of us to step forward and join the movement for children's mental health — and, together, create the future our children deserve.



JOIN US

Millions of children with anxiety, depression, ADHD, and other mental health and learning disorders go undiagnosed and untreated. Together, we can change this.

1. Give

Your gift of any size matters. Donate now or let us help you explore planned giving options. childmind.org/donate

2. Connect and share

Open conversation is how we fight. Subscribe to our newsletters to get insightful, unbiased information. Find us on Facebook and follow us on Instagram and Twitter. Join us at one of our many live and webcast events.

Facebook fb.com/childmindinstitute

Twitter [@childmindinst](https://twitter.com/childmindinst)

Instagram [@childmindinstitute](https://instagram.com/childmindinstitute)

3. Shop

Direct your contributions to the Child Mind Institute if you participate in programs like GoodSearch or AmazonSmile. And shop for gifts that give back: inspired items designed by our cause-marketing partners.

childmind.org/get-involved/shop



“At the Child Mind Institute, someone finally said, ‘I know what this is. I know how to treat it. And he is going to be okay.’ Brendan will always have OCD, but he has come so far.”

Lynne, mom of Brendan,
Child Mind Institute patient

The Child Mind Institute is an independent, national nonprofit dedicated to transforming the lives of children and families struggling with mental health and learning disorders. Our teams work every day to deliver the highest standards of care, advance the science of the developing brain and empower parents, professionals and policymakers to support children when and where they need it most.



childmind.org