

Trust Map

Purpose: Identify trusted adults you can turn to.

It may not always seem like it, but asking for help when you're not sure what to do is brave. When you see something online that seems inappropriate or harmful, or makes you feel uncomfortable, it's both smart and courageous to talk to a trusted adult. On the map below, **write the names of adults you trust** at the different places.



Why do you feel comfortable talking to these adults?

Why is it important to have adults you can trust to talk to about content you might find online?
